

# BSF

Bergen  
Swim  
Festival

We are pleased to welcome you to the 19th annual Bergen Swim Festival in Alexander Dale Oen arena (AdO). Stevne Bergen AS is excited to welcome all foreign clubs and national teams to the beautiful city of Bergen.

17.-19. April  
2026



[bsf.no/en](http://bsf.no/en)  
[@bergenswimfestival](https://www.instagram.com/bergenswimfestival)



**Location:** AdO arena. Bergen, Norway.  
Prelims: 10 lanes; Finals: 8 lanes

**Date:** Friday April 17th - Sunday April 19th 2026

**Teamleader technical meeting:** Thursday April 16, 2026 at 7:00 PM  
Hans Tank Auditorium (AdO arena) It is mandatory for one representative of each team to take part in the Technical Meeting.

**Competition times:** Prelims start each day at 09:00  
A finals start every day at 6:00 PM  
B finals start every days at 5:00 PM

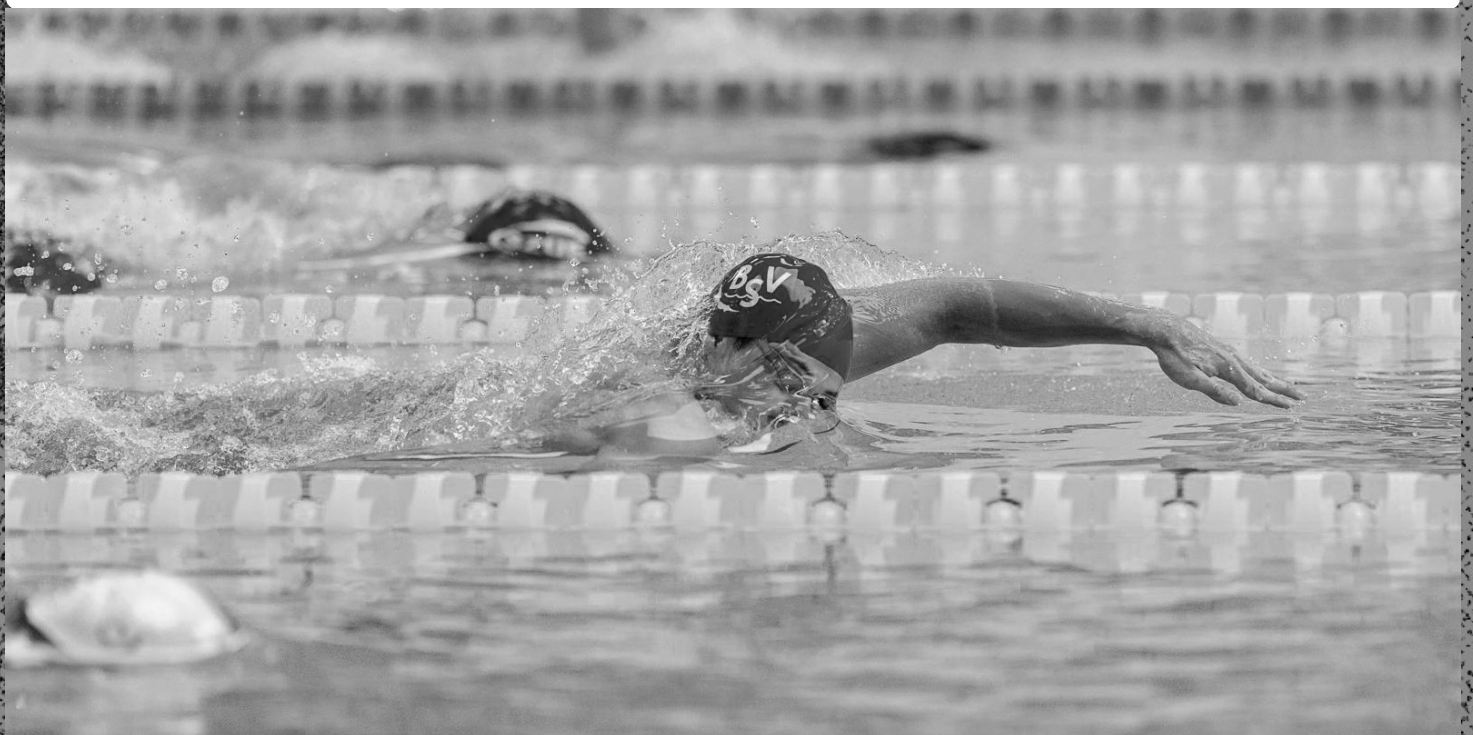
**Warm-ups:** Thursday, April 16: 2:00 PM - 8:00 PM  
Friday to Sunday: A flight: 7:00 AM - 8:45 AM  
B flight: Directly following A-flight  
Finals: From end of B flight until 4:45 PM

The diving pool can be used throughout the competition for warm-up/ cool down.

**Prelims:** There will be an A-flight and B-flight in the prelims. A-flight will consist of 6/5/4/3 heats for 50/100/200/400 meters with the swimmers with the best times competing in the A-flight. The remaining swimmers will swim in the B-flight.

**800/1500:** Only the best 18 swimmers will be swimming the 800 meter and 1500 meter freestyle. These will take place during A flight (#9-18) and finals (#1-8)

**Qualification Period:** March 26, 2025 - March 25, 2026 in 25m or 50m pool. Entry times from 50m pools will be seeded ahead of times from 25m pools. 800 og 1500m freestyle, 25m times will be converted to 50m times for seeding



<b>Qualifying times:</b>	<p>A swimmer who has qualified in one event may be allowed to enter additional events if space permits.</p> <p>Swimmers qualified in only one event may register for other events within 10 points on the World Aquatics points table from their qualified event.</p> <p>If you are unsure which additional events a swimmer is eligible for, please contact <a href="mailto:meetoffice@bsf.no">meetoffice@bsf.no</a> and include the swimmer's best times achieved within the qualification period.</p>
<b>Registrations:</b>	<p>Deadline to send in registrations is March 25, 2026.</p> <p>The entries need to be sent electronically by email in one of these methods: Stevnebørsen, Prima-format or on Lenex.</p> <p>Registrations are to be sent to: <a href="mailto:meetoffice@bsf.no">meetoffice@bsf.no</a></p>
<b>Late Registration:</b>	<p>Registration after the deadline can be accepted as long as they are done before the end of the information meeting. (Thursday April 3, at 8:00 PM (kl 20.00))</p> <p>Late registration is double price per start-400 NOK (individual) 800 NOK (relay)</p>
<b>Withdrawals:</b>	<p>Withdrawals for preliminary heats Friday must be made by Thursday 8pm (20.00) All other days no later than 30 minutes after the end of the finals the previous day. Withdrawals to finals no later than 15 minutes after the end of respective flight.</p>
<b>Entry fee per start:</b>	<p>200 NOK per Individual event. 400 NOK per relay start</p> <p>Payment through club after confirmation.</p>
<b>Heat limitation:</b>	<p>The organizer reserves the right to use heat limitations to hold each session to a maximum of 4 hours.</p>
<b>Accreditation:</b>	<p>200 NOK per swimmer, manager and coach. Everyone must be accredited. For every 15 swimmers 1 team leader can be accredited. Accreditation is the only access to the pool and grandstands</p> <p>List of names of managers and coaches must be sent in with registration email or at least before March 25. In the event of delays, a fee of NOK 1,000 kr per club is incurred.</p>



Prize money	A-finals and para (if there are 6 or more para athletes in the event): 1 place: 300 EUR 2 place: 125 EUR 3 place: 75 EUR
	Para swimmers, if fewer than 6 athletes in the event: 1 place: 150 EUR 2 place: 65 EUR 3 place: 40 EUR
High Point/SENIOR:	Highest total World Aquatics 2025 points in two events for Men and Women after results from the finals. 1 place: 1000 EUR 2 place: 500 EUR 3 place: 250 EUR
High Point/PARA:	Best 2025 World Para Swimming Point score in two events, irrespective of gender, overall after results from the finals or from the prelims for 200m and longer distances. At least 10 para athletes must participate in the competition for the prize money to be paid out.  1 place: 1000 EUR 2 place: 500 EUR 3 place: 250 EUR
High Point/JUNIOR:	Highest World Aquatics Points for junior men and women in two events  1 place: 250 EUR 2 place: 125 EUR 3 place: 75 EUR
Meet record in final:	500 EUR
World record bonus:	5000 EUR





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# EVENT PROGRAM

Prelims:	FRIDAY	SATURDAY	SUNDAY
1	200 freestyle W	100 freestyle W	50 breaststroke M
2	200 butterfly M	200 freestyle M	100 breaststroke W
3	50 backstroke W	200 breaststroke M	50 freestyle M
4	100 breast M	200 IM W	400 freestyle W
5	200 breaststroke W	100 backstroke M	200 IM M
6	200 backstroke M	100 butterfly W	100 backstroke W
7	400 IM W (slower heats)	400 IM M (slower heats)	50 backstroke M
8	100 freestyle M	200 backstroke W	200 butterfly W
9	50 butterfly W	50 butterfly M	100 butterfly M
10	800 freestyle M	50 breaststroke W	50 freestyle W
11	1500 freestyle W	1500 freestyle M	400 freestyle M
		800 freestyle W	4x 100 IM MIX

## B-finals

Warm up from after the prelims until 4:45PM (16.45) Competition starts at 5:00PM (17.00)

1	200 freestyle W	100 freestyle W	50 breaststroke M
2	200 butterfly M	200 freestyle M	100 breaststroke W
3	50 backstroke W	200 breaststroke M	50 freestyle M
4	100 breaststroke M	200 IM W	200 IM M
5	200 breaststroke W	100 backstroke M	100 backstroke W
6	200 backstroke M	100 butterfly W	50 backstroke M
7	100 freestyle M	50 butterfly M	200 butterfly W
8	50 butterfly W	200 backstroke W	100 butterfly M
9		50 breaststroke W	50 freestyle W
			4x100 medley MIX

## A-finals

Warm up from after the prelims until 4:45PM (16.45) Competition starts at 6:00PM (18.00)

1	800 freestyle M (fastest heat)	100 freestyle W	50 breaststroke M
2	200 freestyle W	200 freestyle M	100 breaststroke W
3	200 butterfly M	800 freestyle W (fastest heat)	50 freestyle M
4	50 backstroke W	200 breaststroke M	400 freestyle W
5	1500 freestyle W (fastest heat)	200 IM W	200 IM M
6	100 breaststroke M	100 backstroke M	100 backstroke W
7	200 breaststroke W	100 butterfly W	50 backstroke M
8	200 backstroke M	400 IM M (fastest heat)	200 butterfly W
9	400 IM W (fastest heats)	200 backstroke W	100 butterfly M
10	100 freestyle M	1500 freestyle M (fastest heat)	50 freestyle W
11	50 butterfly W	50 breaststroke W	400 freestyle M
12		50 butterfly M	4x100 medley MIX

Women Senior: 2007 and older

Women Junior: 2008-2013

Men Senior: 2007 and older

Men Junior: 2008-2013

# QUALIFICATION TIMES 2026

Qualifying Times Female	2012-2013		2010-2011		2008-2009		2007 - OE	
	SC	LC	SC	LC	SC	LC	SC	LC
50m Freestyle	31,51	32,59	29,79	30,81	28,95	29,94	28,39	29,36
100m Freestyle	1.08,77	1.10,77	1.05,57	1.07,47	1.03,73	1.05,59	1.02,09	1.03,89
200m Freestyle	2.29,71	2.32,31	2.22,89	2.25,38	2.19,92	2.22,35	2.16,30	2.18,68
400m Freestyle	5.07,45	5.14,30	4.52,05	4.58,56	4.41,02	4.47,28	4.31,49	4.37,54
	SC				LC			
800m Freestyle	9.32,47		580		9.41,31		580	
1500m Freestyle	18.09,07		580		18.23,75		580	
50m backstroke	37,68	40,12	34,24	36,45	33,17	35,31	31,78	33,84
100m backstroke	1.20,69	1.25,34	1.13,31	1.17,53	1.11,02	1.15,11	1.08,06	1.11,97
200m backstroke	2.56,32	3.03,94	2.40,20	2.47,12	2.35,19	2.41,90	2.28,72	2.35,14
50m Breaststroke	41,05	42,19	38,50	39,57	36,75	37,77	35,74	36,73
100m Breaststroke	1.30,24	1.32,80	1.24,63	1.27,03	1.20,78	1.23,07	1.18,56	1.20,79
200m Breaststroke	3.11,73	3.19,04	2.59,83	3.06,68	2.51,64	2.58,18	2.46,93	2.53,30
50m Butterfly	35,00	35,71	32,49	33,15	31,01	31,64	30,16	30,77
100m Butterfly	1.17,06	1.20,67	1.12,14	1.15,52	1.08,28	1.11,48	1.06,41	1.09,52
200m Butterfly	2.54,44	2.58,08	2.43,31	2.46,72	2.34,57	2.37,79	2.31,34	2.34,50
200m Medley	2.56,00	3.02,50	2.45,07	2.51,17	2.36,43	2.42,21	2.33,24	2.38,90
400m Medley	6.09,70	6.22,58	5.46,73	5.58,81	5.28,59	5.40,03	5.21,88	5.33,09

Qualifying Times male	2012-2013		2010-2011		2008-2009		2007 - OE	
	SC	LC	SC	LC	SC	LC	SC	LC
50m Freestyle	27,47	28,86	25,96	27,28	25,07	26,34	24,59	25,83
100m Freestyle	1.01,90	1.04,06	58,51	1.00,54	56,49	58,46	55,06	56,97
200m Freestyle	2.14,96	2.19,60	2.07,74	2.12,13	2.03,42	2.07,66	1.58,93	2.03,01
400m Freestyle	4.43,42	4.53,86	4.29,22	4.39,14	4.17,50	4.26,99	4.10,26	4.19,48
	SC				LC			
800m Freestyle	8.45,15		590		8.59,05		590	
1500m Freestyle	16.49,72		590		17.18,09		590	
50m backstroke	33,02	35,17	30,26	32,23	29,06	30,96	27,85	29,67
100m backstroke	1.12,19	1.17,08	1.06,14	1.10,62	1.03,54	1.07,84	1.00,89	1.05,01
200m backstroke	2.37,79	2.47,18	2.24,57	2.33,18	2.18,87	2.27,14	2.13,08	2.21,01
50m Breaststroke	36,86	38,34	34,14	35,51	32,32	33,61	31,43	32,69
100m Breaststroke	1.20,81	1.23,15	1.15,66	1.17,85	1.11,61	1.13,68	1.09,64	1.11,66
200m Breaststroke	2.53,88	3.01,58	2.44,46	2.51,74	2.35,65	2.42,55	2.31,39	2.38,09
50m Butterfly	31,17	32,55	29,18	30,48	27,61	28,84	26,86	28,05
100m Butterfly	1.09,75	1.12,29	1.05,30	1.07,68	1.01,80	1.04,05	1.00,11	1.02,30
200m Butterfly	2.36,21	2.41,31	2.26,24	2.31,02	2.19,43	2.23,98	2.14,62	2.19,01
200m Medley	2.39,18	2.46,66	2.29,02	2.36,03	2.21,04	2.27,67	2.17,18	2.23,63
400m Medley	5.43,29	5.54,53	5.21,38	5.31,91	5.04,17	5.14,14	4.55,84	5.05,53

## PARA SWIMMING:

Qualifying times are 150% of the 50m world record per January 1st 2026. (if unclear, list can be sent to club- send mail to meetoffice@bsf.no) WPS rules and classification will be used. 50m og 100m events will have a dedicated para preliminary and final heat. Para swimmers are welcome to compete in the longer distances, seeded together with all other competitors, with prizes according to the WPS classifications

The organizer reserves the right to limit the numbers of heats in all events and agegroups  
We reserve the right for any possible errors or changes in the invitation or published information.

ALL INFORMATION ABOUT ACCOMMODATION AND BOOKING CAN BE FOUND ON  
OUR WEBSITES

PRELIMINARY HOTEL BOOKING: [HTTPS://BSF.NO/EN/HOTEL-BOOKING](https://bsf.no/en/hotel-booking)  
MORE INFORMATION HERE : [HTTPS://BSF.NO/EN/ACCOMODATION](https://bsf.no/en/accomodation)

# WELCOME TO BERGEN!

